# DEPARTMENT OF INTERNAL MEDICINE

## RHEUMATOLOGY ELECTIVE

Course Director: Prachi Anand, MD, FACP

**Duration: 4 Weeks** 

The Winthrop-University Hospital and Nassau University Medical Center (WUH-NUMC) integrated Rheumatology Fellowship strives to produce exceedingly well-trained consultants in rheumatic and immunological disorders. The wide spectrum of pathology seen at NUMC and our affiliate hospitals serve as a foundation for our clinical educational curriculum. Our didactic basic and clinical science along with research program enhances the clinical curriculum by emphasizing the pathophysiology and immunology of rheumatic diseases and by encouraging creative approaches to the diagnosis and therapy of rheumatic disorders.

#### **GOALS**

- Familiarize trainees with the management of common problems in rheumatology
- Improve their proficiency in the performance of selected diagnostic and therapeutic interventional techniques commonly performed in the practice of general medicine
- Increase medical students' and residents' confidence and ability to educate and manage patients with rheumatic diseases

## **OBJECTIVES**

- Enhance history taking and physical examination skills
- Increase understanding of the use of the laboratory in the diagnosis and follow-up of patients with rheumatic disease
- Develop an approach to initial management of patients with rheumatic disease

#### **CLINICAL EXPERIENCE**

Medical students will be able to perform a detailed physical examination of the joints and musculoskeletal system as well as interpret laboratory tests diagnostic of rheumatologic disease in the context of the clinical findings.

Typical daily activities:

- 1. Monday: Grand rounds at Winthrop-University Hospital at 8:30 a.m. Afternoon rounds at NUMC.
- 2. Tuesday: Arthritis clinic at 8:30 a.m. to 12:30 p.m. Afternoon rounds.
- 3. Wednesday: Lupus clinic at 9:00 a.m. to noon. Afternoon rounds.
- 4. Thursday: Medical Grand Rounds 10:00 a.m. to 11:00a.m. Afternoon rounds.
- 5. Friday: Morning clinic at WUH. Afternoon rounds.

### RECOMMENDED READING MATERIALS

Primer on Rheumatic Diseases: John H. Klippel, John H. Stone, Leslie J. Crofford, and Cornelia Weyand.

#### **DIDACTIC EXPERIENCE**

The medical student will be expected to participate in all departmental lectures and conferences as scheduled permits.

## **HOW TO APPLY**

If you are interested in applying, please call 516-572-5399 or visit us at www.numc.edu.